



## INFORMED CONSENT TO CHIROPRACTIC CARE

Chiropractic care, like all forms of health care, while offering considerable benefit may also provide some level of risk. The level of risk is most often very minimal, yet in rare cases injury has been associated with chiropractic care. The types of complications that have been reported secondary to chiropractic care include sprain/strain injuries, irritation of a disc condition, and rarely, fractures. One of the rarest complications associated with chiropractic care, occurring at a rate between one incident per one million to one per two million cervical spine (neck) adjustments, may be a vertebral artery injury that could lead to a stroke.

Prior to receiving chiropractic care at Seahurst, a health history and physical examination will be completed. These procedures are performed to assess your specific condition, your overall health and, in particular, your spinal health. These procedures will assist us in determining the chiropractic care needed, or if any further examinations or studies are needed. In addition, they will help us determine if there are any reason to modify your care or provide you with a referral to another health care provider. All relevant findings will be reported to you along with a care plan prior to beginning care.

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